



AIKIDO

BEGINNERS' SEMINAR

Hosted by North Delta Aikikai

SEP. 15
2019

合氣道

- 🕒 1:00 - 2:00 Kim Riddick (North Delta Aikikai)
- 2:15 - 3:15 Yelena Ryabova (Vancouver Mind-Body Centre)
- 3:30 - 4:30 Myrna Harrod-Taniguti (Clearwater Aikikai)
- 5:00 - *Dinner at a local restaurant*

📍 Newton Recreation Centre
13730 72 Avenue
Surrey, BC

💰 \$10 per class or \$25 for the entire seminar

Contact info

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